THE GREEN MAN'S REFRESHING EMPOWERMENT



Created and channeled by Dean Kingett

Founder of spiritualhart 2008

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The Green Man helps you take a break from stressful conditions, there is always time to pause for fresh air and clear the body and mind. He will revive your energy and outlook, giving you a better perspective on things.

Let the Green Man help you with this empowerment, breaking you away from what has been stifling your flow.

This is a free self empowerment and to call upon its help and energy simply take your self into a meditative state and say clearly and with pure intent –

"I ask that I may receive the Green Man's refreshing empowerment, created by Dean Kingett, for my highest and greatest good". (repeat x3).

You can use this empowerment as much as you like and whenever you need it. All I ask is that you pass it on to others so they too can benefit from this gift. Remember the Green Man will always be there for you when you need a refreshing break.

The Green Man's Refreshing Empowerment

I was compelled to channel and write this manual as a lot of people I knew seemed stuck in their jobs and life. They had become in a rut with things and seemed to be just going through the motions without living life and enjoying it anymore. Not only did I create this for them I created it for all those others out there needing to be refreshed.

Blessings

Deano

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For your information

I am offering this free empowerment to the world for everyone's benefit. Please treat it with the respect it deserves and respect the Green Man when he brings it to you.

YOU MAY NOT CHARGE FOR THIS EMPOWERMENT. THIS IS A FREE EMPOWERMENT GIFTED TO ALL TO HELP WHOEVER NEEDS IT.

Please respect this empowerment, my time and my work in creating it so that everyone can use it for their highest and greatest good.

This manual has been written to help everyone receive the refreshing help they need. There is nothing complicated about it, but knowledge of energy work is of benefit to receive its full effect.

This empowerment has been set in the etheric realms for all to receive and there is no certificate. It is simply a gift to enjoy and behold. This manual should not be altered in any way or sold for any cost.
