

Golden Dolphin MerKABA
of
Love for World Peace



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This meditation is for world peace, global healing and collective unity.

Start out with three big, deep breaths, breathing in healing golden light, breathing out all stresses in the mind. Breathing in healing golden light, breathing out stresses in the body. Breathing in healing golden light, and releasing any hurts or sufferings in the soul.

Now continue to breath this golden light in. Filling you up, up, up all the way to the aura.

Every cell, pore, molecule filled with this golden, glowing light.

You become the golden light; you and the golden light are one.

You are one with the golden light, stay with this for a few minutes, just breathing in and out and being golden healing light.

You are at peace, you are peace, and peace embodies you.

Now after a few moments of this, you will feel the golden dolphins make their entrance.

As they come in thru the Earths center, core, and come up thru the Earths core, then enter thru the soles of your feet and swim up your body. There are three of them. They radiate this golden light and beam the light all around them.

As they come up your legs, torso, waist, belly area, they then circle your heart chakra. They do this three times to the right. Feeling their golden glow beaming as they spin around your heart three times on the right side....

They now spin three times around to the left. As they spin around your heart chakra they beam and glow this healing, love, golden light, of bliss. Stay with this as long as you feel them doing this movement.

Now, you feel your heart chakra beaming out to the world this golden light. Your heart chakra radiates this golden light. As the golden dolphins now move up to your higher heart chakra (located between the heart chakra and the throat chakra)...

They now again spin three times to the right... As you stay with this as long as needed, then again three times to the left....

This chakra resembles a golden MerKaBa. As it beams golden light outward and inward.

The dolphins now swim down your arms toward your fingers. As they reside on the tips of your fingers. They have multiplied and now there is a dolphin for each fingertip.

As you now extend your hands outward and send the 10 golden dolphins out to the Earth. You also beam thru your heart chakra and high heart chakra this golden light.

Envision the Earth becoming this golden light. As the Earth becomes this golden light, you now see the golden dolphins swimming to the Earth and around the earth seven times to the left, then seven times to the right.

Take your time, and just enjoy and feel the healing of our Earth, and all the inhabitants.

Now, feel your heart chakra that is filled with golden light beam out to the Earth golden light in the shape of a heart. As the Earth becomes a golden heart. Stay with this healing and blissfully bath in the Earths love. Once you are done with that, and then send your high heart chakra golden light to the Earth in the shape of a MerKaBa. (The symbol on the front page and below is called the Golden Dolphin MerKaBa of Love for world peace.) The

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golden heart is still there, now the MerKaBa floats to the center



of the golden heart, and sits in the golden heart. So the Earth has become a golden heart with a golden MerKaBa in the center, with dolphins swimming around the MerKaBa. Stay with this for as long as you can, enjoy this bliss, healing and love. As the dolphins swim again seven times to the left, and seven times to the right. Filling all the inhabitants on Earth with this sacred golden light, liquid love, liquid healing. Infusing every area, space, fiber, being, nook and cranny of the Earth and its atmosphere. Focusing on this symbol and feeling the Golden Rays of light as long as you feel comfortable. When it is time to let the golden dolphins go, thank them for their assistance and love, as they swim away you beam them the symbol, and let them go.

Then when you are ready, you come out of the meditation beaming the golden rays and healing, and making a commitment to send this healing to all you come in contact with and all situations that come your way.

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Dolphin Bliss

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