

---

# 22 Angels of Healing

## The glance of angels

---

A method to welcome the Angels of Healing in your life, and to receive their spiritual help.



---

Channelled by: Shamal Deborah Nappi, on september 2010.

Every indication written on the manual doesn't intend to provide diagnosis, or to replace the opinion and the acts of Doctors and Specialists. It deals with an energetic discipline, that can be placed side by side to any treatment (without replacing it), and it doesn't constitute medical therapy.



I apologize if the translation is not perfect, we're not native speakers of English.  
Special thanks to Shatzji and Souen for their help with the translation.  
<http://www.laforestadeiluoghiali.blogspot.com>

Thanks to **DUE CIELI, HOLISTIC CENTRE IN TURIN, ITALY.**  
<http://www.duecieli.it>

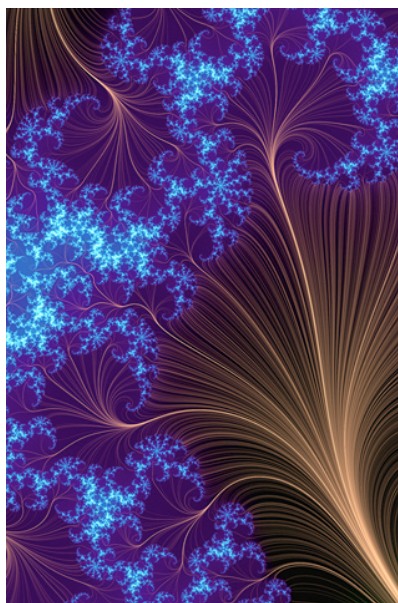
naturopaty school, oriental arts, massage.

---

## To meet the angels

---

Where would you go if you wanted to meet an Angel? In a sacred place? In a wonderful natural environment? In the infinite space? Yes, all these places are perfect, and they allow you to meet the angelic energies, but there is one even better: your inner life, **the place of absolute peace that exists inside of you.**



Although the tradition introduces us the angels as tall, blonds, with plumed wings and the 'nightdress', actually they don't have an outward appearance, they are pure energy, but we can also visualize them in human appearance, or animals, if this helps our mind to contact them better.

The Cosmic Energy is divided in many branches, each of which presides to brain functions, character traits, emotions... it is like a huge database that contains the qualities, human and not, existing

in the universe. We have access to these files, but sometimes we don't succeed in doing it with confidence, and therefore some facilitators come to our aid, allowing us to take advantage of the information contained in the cosmic conscience.

This conscience, commonly called Akasha, contains as a circle what has been and what will be, in an immense quantum continuum. The 'angels' (from the Greek 'Angelos', messenger), are our connection with the forces of the energy of light.

Actually they are not entity detached by us, they are part of us, as every existing particle in the universe but our mind, being dualistic, it doesn't succeed in really conceiving the unity, therefore the vision of separate entities by us facilitates our understanding. For this, it is helpful to see the angels as beings that come in our help, rather than as part of our own Light, that intervenes to carry out a situation.

Every time that we elaborate a thought, of any kind, we give origin to a 'thoughtform', that is an entity, which may have more or less force, according to our involvement; the thoughtform may have a high vibration, when it comes with elevated thoughts, of serenity, unconditional love, tolerance, etc., or low and heavy vibrations, when it comes with fear, anger, frustration, etc...

Entities have origin from the thoughtforms, which need the human beings, to dispatch their potentiality. Thus we distinguish between two different kinds of entities: those more elevated, the angels, and those of low vibration, called demons.

According to our prevailing states of mind, we attract positive or negative forces, which will activate our bright sides, or not. To attract the angels we need therefore to have bright thoughts, tolerant, serene.

We can not be always in a good mood, it is quite normal, but we are surely able to hock us not to be attached to the sufferings of

the ego, to the dark thoughts, to the anger, to the frustration or to the fear, to try as much as possible to live with trust and serenity. **This will attract many angels in our life**, and they will subsequently make to grow in us the cheerful and bright side of our being. ☺

---

## To know the angelic energies

---

The angels are considered as 'messengers', that bring the knowledges and the intuitions from the Superior Spiritual Plan to our awareness. For this reason they are identified mainly as 'invisible assistants', that assist during the need, but only if they are called (the free will is always respected).

According to my experience, it is not essential 'to believe' in the angels to be able to have a contact with them. In fact, everyone has his own perception, which is correct, and if a person feels uncomfortable or has a reject for the figures of angels, it is useless to force him to accept the idea. We can see the angels as a 'support Energy', from which draw with gratitude at the time of need, the important thing is that everything takes place in respect of the Balance of the Universe, and not based on mere personal profit.. The Universe is not offended if we have our personal point of view, but the balance breaks if we use the energy for non ethical purposes, or arrogance, assuming that everything is due to us.

The most balanced thing, in every case, it is 'experimenting', as we don't need to BELIEVE in something that we have experienced personally, we LIVE it and that's enough. Those who lives in-person experience, goes out of the necessity to believe previously in something about the word, and his experience becomes deeper and total.

The force that activates the angelic energies is THE UNCONDITIONAL LOVE, that doesn't have nothing to do with the molasses of the sentimental films :-))), it is the strength of the acceptance, of reception and tolerance, completely DEPRIVED OF JUDGMENT. Whenever we observe a situation without comparing us with it (or without considering it correct or wrong), we activate the unconditional love.

The absence of judgment must not be confused with the indifference or with the so-called one 'uncaring attitude', indeed is an empathic participation, bright, energetically open, but without any type of 'label'.

On the contrary, demons are easily called back by the presence of FEAR (and from its consequences: anger, resentment, refusal, judgment, envy, closing, etc...).

### When can we receive the angelic help?

The best way to receive the energy of Angels is 'let it go', or **free yourself from the emotion of the moment**. The not-attachment leaves the green light for the entrance of the 'assistant', while the permanence in the emotion, especially if negative, closes the doors and it hampers the roads.

Often it is not easy to detach from feelings, but when we do so, we experiment really a situation that someone defines 'as if things begin to go ALONE right'.

However, we don't have to forget that the 'right direction' is not always what we desire, sometimes the best possible solutions, for



us or for the person that we help, it is not exactly what we wanted to happen. It needs therefore to be available to accept that first of all, everything develops 'for the maximum good'.

AND REMEMBER THAT... THE GOOD HUMOR ATTRACTS THE ANGELIC ENERGIES! ☺

---

## The Angels of Healing

---

Angelic energies answer quickly to every call, coming to bring, first, serenity and tranquility. Then they are precious collaborators for all those situations where we need some help or support. The angels are many, but in this course we focus our attention on the Angels of Healing. They are 22 in particular, and have specific tasks of harmonization of personality, emotion, psychosomatic disorders, etc. Let's see them one by one.

**ALADIAH** : helps us in starting from zero, as purifies from negativity, and helps the energetic regeneration to all the levels.

**ANAUEL** : has the principal assignment of messenger, bringing us the more urgent spiritual messages; helps to receive inspiration, promotes logical abilities.

**DANIEL**: helps to understand in depth the events, reflecting and taking the spiritual meaning of them; messenger of devotion and mercy, promotes the contact heart-to-heart, the harmonization, and hands suggestions that communicate harmony.

**EYAEL** : his energy is in unity with the Bach remedy 'Walnut', that transmits adaptability, ability of acceptance and transformation; so is a support in the moments of change, bringing serenity, optimism and trust, and helps to overcome the difficulties and the obstacles.

**HABUIAH** : he's a Cosmic Healer; gives abundance to every level, promotes the expression of the talents through the concrete expansion, and facilitates the projects realization.

**HAHASIAH** : he's the one that puts us in connection with healing energy, and wellness secrets of Mother Nature.

**JAMABIAH**: he welcomes and helps the dying ones in the trip between this and the other dimension, and helps us to realize ourselves in every sector.

**LELAHEL**: thanks to the harmony, to the well-being and the joy to live, his gift is the improvement of the beautiful, to physical and spiritual level.

**LAUVIAH**: allows the understanding of the situations in depth, the ability in the communication and the correct action to achieve results.

**MENAKEL**: he brings stability, balance, harmonizes relationships and helps the confidence and sympathy of others.

**YEIALEL**: helps to refine and sharpen intelligence, and to reach a great inner clarity; he helps the one who develops scientific professions, or with duties that need precision and methodicalness scientific professions, or tasks that require accuracy and methodicalness.

**MELAHHEL**: gives the understanding of cause-effect, balances awareness of universal laws, and the action aimed to achieve positive results.

**MITZRAEL**: sustains in the transformation, letting go past influences and old habits of behavior. Helps in changing patterns of thought; brings strength, ability, clarity of thought.

**MUMIAH**: helps to reach and to succeed in projects; encourages intense expression of ourself, and supports in completing the undertaken assignments.

**NANAEL**: helps to develop and expand the psychic perception, to acquire and to spread new knowledge.



**NITHAEL:** he gives harmony, inner peace, serenity, psychophysical and spiritual well-being. Confers the ability to heal.

**OMAEL:** the angel who brings spiritual and material abundance, happiness, spiritual and physical fertility.

**POYEL:** gives sensitivity, love, creativity, imagination; favors the self-realization.

**REHAEL:** gives balance in male and female polarity, yin and yang; hands order, harmony, inner clarity, integrity.

**SEHEIAH:** bringer of wisdom, prudence, ability to learn their own lessons from experiences. Protects from accidents, burns, trauma.

**SEHALIAH:** he brings fertility, wealth, comfort, hope, prosperity. Assists in the realization of the projects, stimulating the creative energy.

**VEHUIAH:** bringer of wisdom and love; gives the healing of soul and body, helps in cases of depression, supports new projects.

---

## The know-how of this attunement

---

With the energy of all the 22 healer Angels, or choosing one in particular for the energy that we want to do work, you can:

- load energy water, foods, remedies;
- load energy objects;
- load energy environments;
  - cleanse energy environments;
  - vehicular energy healing to people, animals, plants;
  - run treatments for ourselves or for other people;
  - transform your patterns of thought;
  - understand and transform the painful experiences;
  - change your approach to life, prosperity, creativity, self-expression, etc ...
- lighten the 'weight ' of everyday life;
- obtain energy support in creating new projects,

and much more!

You can use this 'basic' formula, adapting it to your needs.

After you connect yourself to the Universal Energy Source (the intention is enough to do it, it already works), ask:

"I (your name) ask to take the energy of 22 Angels of Healing on ... (or the energy of the Angel ... on.....) - name - , for the highest good of all and in the best way. Thank you!"

If you want to perform a purification, for example in the environment, at your home, etc., you can use a formula like this: "I (your name) would ask the 22 Angles of Healing (or the Angel ...), to carry out a complete energetic purification of ... .. for the highest good of all and in the best possible way. Thank you! ".

Similarly you can build a phrase to use to make a treatment on a person, or to call back the ANGELS IN a HOSPITAL. To perform a treatment on a person, if you don't know a well precise technique, you can simply lay your hands on the shoulders of the person, or take his left hand between your, and convey the energy until you feel that the flow grown weak thin to stop. Then thank you.

These formulas are not definitive, they are only tracks, if you prefer to structure a sentence of your liking, you can do it safely. Remember always to thank at the end.

---

## How to receive the attunement.

---



I recommend you to do everything possible to be in harmony before proceeding with the seat:

- feeding : in the previous day and the day of activation, avoid caffeine and red meat; Drink lots of water before and after! Reduce to the maximum, or better, avoids altogether

if you can, the smoke.

-Important: choose a time when your mood is far from nervousness and tension. Phone: off ... don't make yourself disturb for the duration of the preparation, activation and subsequent rest; can use a variable time from 20-30 minutes to an hour ...

- You can use a candle (pure light), incense, very slow and relaxing music of environment ... (not the piano, better music like 'new age' not sung, and low volume); it is better to be able to be on a chair/armchair/Zafu, with your hands in your lap or on your knees (the palm upwards); at one point you will feel that the activation or the treatment is finished.

- If you don't have a feeling particularly active, I suggest you reserved 30 minutes, and then slowly return to the vigilant state. Now you get all the time you want on the Chair ... or rested, you can relax and fall asleep. Drink some water.

**Important: even if you don't earn anything, activation or treatment works and acts equally.**

How to relax before a session of healing or activation

To make a good relaxation, limited to quietly breathe, focusing your attention on the 'sound' of the breath that enters the body (inspiration) and leaving during exhalation/expiration. Visualize the oxygen that goes to revitalizing all tissues and cells, even in the most hidden and distant points of your body.

When you have reached a good relaxation: focuses on the top of the crown chakra (top of head) and show a white-bright and pure light- that enters through the Chakra filling it with pure love and the divine light. Now imagine this light down to the third eye, filling it with this same light. Continue until all chakras are full, ending with your root chakra (base of the spine).

Now, bring your attention to the plants of the feet, imagine as of the roots that go out and they slowly extend them come out and stretch slowly through the floor and enter into the earth, more and more in depth, until you reach the center of magmatic core. Allow the body to feel the effects of gravity, as if it will pull down, draining every tension, stress, negative emotion and energy. Let her sink into the ground through your roots, and continues to breathe deeply.

Now you can receive the chi-ball that contains your attunement, or treatment. You can simply say (or think clearly): ' I ...-your name- ... now accept to receive the energy attunement of 22 Angels of Healing, made for me by (name of the master), for my maximum Good and in the best possible way. Thanks, thanks, thanks, it's done it's done, it's done. '

Stay listening (without expectation of any kind), and let the energy flow.

What will you hear during the session of attunement or healing? You will feel the heat, or a light breeze, tingling, numbness, hot/

cold (especially in the hands) or nothing. Whatever feel or no feel, as I have already clarified, the tune will work regardless.

After the healing session or attunement: When you feel ready, slowly move your feet from side to side, back and forth gently, until you can easily lift. Imagine those roots that you just planted in the ground, gently out from your feet. Gradually brings the rest of the body to the present moving yourself and stretching you i. Welcome back! Thanks the universe for the sharing of the energies healing with you. You can feel a light dizziness or sense of daze. Keep still sitting, or rest.

---

## How to pass the attunement.

---

To pass an attunement, prepare the environment as to receive it; If you don't have a personal method to pass the energy, you can follow this: make sit the person, and stand behind her; After you are connected to the Universal energy Source, take your hands on the shoulders of the person, and say in a low voice (or think):

"22 Healing Angels attunement for ...(name of person), for the highest good of all and in the best way. Thanks, because what I requested has already been done."

Then keep listening, and let the energy flow, until you feel that the flow slowly fades and stops. Take a deep breath, slowly peels off the hands and asks the person to gradually resume contact with the outer reality.

If you are used to create chi-balls or cosmic containers, you can take this method, as you feel.

'Since everything is an apparition, perfect in being what it is, with nothing to do with good or evil, it's easy to laugh loud...'  
(Long-Chen-Pa)

Good job!!!!!!! ☺ ☺ ☺

*Shamal Deborah Nappi*

**MY ENERGY-WORK: Shamal, Deborah Nappi**

Naturopathy, Massage and hot stone courses, Crystaltherapy , Spiritual facilitator , Energy courses, Distance courses and attunement, Shamanic Path, Author.

**Accredited by WMA, World Metaphysical Association**

join me in Torino / Turin, Italy, or on <http://www.duecieli.it>,

or on <http://www.laruotadimedicina.com>

*I wish you a bright life and a peaceful journey :-)*

This manual (including the method), is registered and protected. It is forbidden any unauthorized spread by any means, and any use of part or all of the text in any form. Every translation must be first authorized. The manual can be transferred exclusively free of charge to those who frequent this course, classroom or distance learning. You cannot sell nor distribute it for free on websites, blogs, or on social networks such as facebook, twitter, and others. You are authorized to resell this course, in classes or to distance, but you cannot alter or rewrite the manual. For all courses realized this is the only manual that may deliver to students, as it is sent. I ask you, if you decide to transmit to others using this method, to keep the price at an ethical and correct level. -